



GOLF GROUP CLASSES

WEEKLY SCHEDULE

	MORNING	AFTERNOON	EVENING
MONDAY	7AM GOLF MOBILITY 8AM GREG ROOSTAN STUDIO 1		
TUESDAY		6PM GOLF STRENGTH & CONDITIONING 7PM GREG ROOSTAN STUDIO 1	6PM BEGINNER GROUP CLASS 7PM JONNY FLEMING PRODUCTION CITY
WEDNESDAY	7AM GOLF STRENGTH & CONDITIONING 8AM GREG ROOSTAN STUDIO 1		6PM GOLF SPEED SCHOOL 7PM JONNY FLEMING PRODUCTION CITY
THURSDAY	7AM GOLF MOBILITY 8AM JONNY FLEMING PRODUCTION CITY		6PM GOLF MOBILITY 7PM GREG ROOSTAN STUDIO 1
FRIDAY/SATURDAY			
SUNDAY	7AM GOLF SPEED SCHOOL 8AM GREG ROOSTAN SWINGFIT STUDIO	12PM GROUP PUTTING CLASS 1PM JONNY FLEMING PRODUCTION CITY	



STARTING FROM MONDAY 26TH FEBRUARY

PAYMENT OPTIONS:

- 150 AED per Session
- 1,000 AED or 10 x credits for SwingFIT Members
- 1,500 AED or 10 x credits for non-members